



The 5 Tenets of Tae Kwon-Do

Here are the 5 tenets of Tae Kwon-Do, these are the principles that we all believe in. Do you know what they mean? Can you give examples of them? Can you colour them in?

Courtesy
Perseverance
Self-Control
Integrity
Indomitable Spirit

If you were able to create 3 more tenets (important principles) what would they be?

1. _____
2. _____
3. _____