

# **ABTKD NEWSLETTER OCTOBER 2019**

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – [www.abtkd.co.uk](http://www.abtkd.co.uk)

## **LICENCE RENEWALS**

The following student licences will expire at the end of December.  
Please renew via the PayPal link on the website before 30<sup>th</sup> November:

***Daniel Ezuz, Hanna Ezuz, Harriet Murphy, Yusairah Nazir***

## **CLOSURE DATES**

Monday 18<sup>th</sup> November

Castle Vale club at the Sanctuary closed due to grading at Yardley club

Monday 18<sup>th</sup> November

Stechford club at Colebourne school closed due to grading at Yardley club

Wednesday 4<sup>th</sup> December

Yardley club at KESH closed due to sixth form open evening

Monday 23<sup>rd</sup> December – Friday 3<sup>rd</sup> January inclusive

All clubs closed due to Christmas and New Year shutdown of all venues

## **COLOURED BELT GRADING MONDAY 18<sup>TH</sup> NOVEMBER**

Our next coloured belt grading for all clubs will be on Monday 18<sup>th</sup> November at 5:45pm.

The grading will take place at our Yardley club venue:

King Edwards Sheldon Heath Academy (KESH)  
Sheldon Heath Road, Sheldon, B26 2RZ.

Grading information will be given to students who are eligible and working hard with 100% commitment in class. This information will be available during the first two weeks of October.

Blue belts and above will need full TAGB safety sparring equipment for this grading.

## **MONTHLY MEMBERSHIP FEES**

I need to ask that all members, particularly our newer students, please check that there is an active Standing Order in place for payment of fees on the first day of every month. The payment reference needs to be the student name so it can be allocated to the correct place. I am experiencing several incidents of payment with no reference and indeed non payment which causes a lot of unnecessary admin work. Thank for your attention to this.

### **BRITISH TAE KWON-DO COUNCIL CHAMPIONSHIPS SUCCESS**

I am very proud of those who competed in the recent BTC Champs, where all TKD groups within the British Tae Kwon-Do Council came together for this tournament. Well done to our fierce competitors – we had some great results on the day:

Daniel Ezuz – silver tag team  
Jayden Johnson – silver tag team, bronze sparring  
Eva McDowell – bronze patterns, gold sparring, gold tag team  
Rihards Murnieks – gold patterns, gold sparring, gold tag team  
Hanna Ezuz, Praveer Phull

Thank you to all students, parents, friends etc who supported this event. Our next big competition is the TAGB British Championships on Sunday 24<sup>th</sup> November at the University of Worcester Arena. This event is open to all graded students.

### **TAGB SCOTTISH CHAMPIONSHIPS SUCCESS**

Congratulations to Rihards Murnieks from Acocks Green club who represented us at the recent Scottish Championships. After a very long coach journey and some hard work, Rihards was rewarded with three gold medals for patterns, sparring and tag team.

### **CHARITY INTER CLUB CHALLENGE IN SUPPORT OF 'ST BASILS'**

Our annual charity tournament is on Sunday 3<sup>rd</sup> November 1-5pm at Lode Heath School sports hall, in support of 'St Basils'. Details are available on the 'Tournaments' page of our website. We still have some places available for those who would like to support and compete. The event is the ideal starting platform for all younger students, lower grades and less experienced sparrers. Please contact me before Friday 8<sup>th</sup> October if you would like to be part of this special event.

### **SUPPORT FOR 'ST BASILS' EVENT**

We are asking for very good quality donations for the tombola as well superior quality / high value items or services for the raffle at our annual charity event.

If you can help, please speak to your instructor asap.

Raffle tickets at £1 each are now available to purchase from your instructor. Our allocation of tickets will be available until Friday 8<sup>th</sup> October so please buy some this week if possible.

### **AREA PRE-GRADE TRAINING FOR BLACK BELTS AND RED BELTS**

Our area pre grade sessions have now finished. Well done to all those who made it along to any of the three classes organised by our area representative Grand Master Paul Donnelly.

Remember red belts, black stripes and black belts need to attend at least one session every six months in order to continue to grade within the constitution of the TAGB.

**BLACK BELT GRADING AND TRAINING**

Any 1<sup>st</sup> kup grades (black stripe) who may be thinking about black belt grading, please ensure you are in extra training sessions as often as possible.

Black Belt technical training is every Thursday at Acocks Green club, Archbishop IIsley School: 6:30-7:30pm white belt to black belt; 7:30-8pm extended for 2<sup>nd</sup> kup, 1<sup>st</sup> kup and dan grades only.

Sparring improvement is every Friday at Friday Night Fight Club, Lode Heath School, Solihull: 7-8:30pm, full sparring safety equipment, casual dress, £4 on the door.

I will be selecting potential students for the April national black belt grading based on commitment, attitude and work ethic in these sessions. I will make my decision by the end of January as applications will need to be submitted soon after.

To achieve a 1<sup>st</sup> Dan black belt with the TAGB, the largest martial arts association in Europe, requires a very high standard in all aspects of your TKD.

Please help me to help you.

***Anthony Brennan     5<sup>th</sup> Dan Instructor***

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