

ABTKD NEWSLETTER NOVEMBER 2019

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – www.abtkd.co.uk

LICENCE RENEWALS

The following student licences will expire at the end of December.
Please renew via the PayPal link on the website before 30th November:

Daniel Ezuz, Hanna Ezuz, Harriet Murphy, Yusairah Nazir

CLOSURE DATES

Monday 18th November

Castle Vale club at the Sanctuary closed due to grading at Yardley club

Monday 18th November

Stechford club at Colebourne school closed due to grading at Yardley club

Wednesday 4th December

Yardley club at KESH closed due to sixth form open evening

Monday 23rd December – Friday 3rd January inclusive

All clubs closed due to Christmas and New Year shutdown of all venues

COLOURED BELT GRADING MONDAY 18TH NOVEMBER

Our next coloured belt grading for all clubs will be on Monday 18th November at 5:45pm.

The grading will take place at our Yardley club venue:

King Edwards Sheldon Heath Academy (KESH)
Sheldon Heath Road, Sheldon, B26 2RZ.

All eligible students should have received the grading application form.

The deadline for return of applications and £30 grading fee is Monday 4th November.

CHARITY INTER CLUB CHALLENGE IN SUPPORT OF 'ST BASILS'

Our annual charity tournament is on Sunday 3rd November 1-5pm at Lode Heath School sports hall, in support of 'St Basils'. Thank you to our thirteen members who have entered this friendly competition, representing Acocks Green, Castle Vale, Small Heath and Yardley clubs - I trust you have been working hard on your sponsorship money. We will need enormous support from spectators on the day to build a positive atmosphere for our teams so if you have not entered to compete, I will look forward to seeing you there; a small gesture such as a donation on the door or the purchase of refreshments or raffle and tombola tickets would help the overall total for our funding for St Basils. The hall is available from 1pm so there is no need to arrive before then.

TAGB BRITISH CHAMPIONSHIPS

Full information for the British Champs is now available on our website 'tournaments' page. This is the biggest event on our annual calendar and a real showcase of talent within the TAGB.

Entry deadline for fees and forms is Friday 8th November.

PARENTS / SPECTATORS

Another reminder that all children under 12 years old must be accompanied by an adult for the duration of the class, we explain the rules and the mutual code of conduct before you commit to joining us so I ask again that you please respect our safeguarding policy.

Some other points to mention:

jewellery is not permitted in any class, including sports watches and monitoring equipment

please return any chairs used back to where they were at before you arrived as I have received several complaints from our venues regarding this.

Thank you for your continued support.

STECHFORD CLUB AT COLEBOURNE PRIMARY SCHOOL

Our next campaign for enrolment of new members will be with free trial lessons at Stechford club during November. All are welcome to join the relevant class but for the first time we will be offering a 30-minute session for children from 3-5 years old in our re-branded Little Ninjas pre-school development class. I have recently re-trained and attended refresher courses for age appropriate instruction, safeguarding and paediatric first aid with the British Tae Kwon-Do Council and I am very motivated and excited to see what can be achieved with these very young children.

We have five thousand flyers in distribution across the B33 / B34 post code as well as social media advertising and some work with local primary schools. If students of Stechford club would like to support this campaign by taking some flyers for family, friends, school or local shops and business, I would be extremely grateful for your time and effort. Please ask at your next class.

BLACK BELT GRADING AND TRAINING

Any 1st kup grades (black stripe) who may be thinking about black belt grading, please ensure you are in extra training sessions as often as possible.

Black Belt technical training is every Thursday at Acocks Green club, Archbishop IIsley School: 6:30-7:30pm white belt to black belt; 7:30-8pm extended for 2nd kup, 1st kup and dan grades only.

Sparring improvement is every Friday at Friday Night Fight Club, Lode Heath School, Solihull: 7-8:30pm, full sparring safety equipment, casual dress, £4 on the door.

I will be selecting potential students for the April and October 2020 national black belt grading based on commitment, attitude and work ethic in these sessions.

To achieve a 1st Dan black belt with the TAGB, the largest martial arts association in Europe, requires a very high standard in all aspects of your TKD. Please help me to help you.

BLACK BELT GRADING SUCCESS

Congratulations to Eva from Acocks Green club, Keyonie from Castle Vale club and Antonio from Yardley club; after more than seven years of preparation, including some very gruelling sessions, all were successful at the recent national black belt grading at TAGB HQ, Bristol Academy. I am very proud of the standard achieved and demonstrated by these three students who all now hold the rank of first degree black belt with the largest martial arts association in Europe.

Anthony Brennan 5th Dan Instructor

07951 539926 www.abtkd.co.uk