

# **ABTKD NEWSLETTER NOVEMBER 2016**

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – [www.abtkd.co.uk](http://www.abtkd.co.uk)

## **ACOCKS GREEN CLOSED 10/11/2016**

Acocks Green club will be closed on Thursday 10<sup>th</sup> November (due to careers evening at Archbishop Ilsey School). All members are welcome to make up any missed session at an alternative ABTKD class.

## **ANNUAL CHARITY INTER CLUB CHALLENGE**

Our charity tournament for this year is on Sunday 6<sup>th</sup> November at Lode Heath School, Lode Lane, Solihull, B91 2HW, 12-4pm. We will be raising much needed funds for the NSPCC. We have 16 members entered in this event where six teams will compete against each other to win points. The two highest scoring teams will then compete again in the final. We will also have our usual tombola, raffle and refreshments in a bid to beat last year's total. The Lord Mayor of Birmingham will be in attendance to present trophies to the teams in first and second place. Please come along and show your support for the event and the NSPCC.

## **CHANGES AT STECHFORD CLUB**

Due to the success and growth of our Stechford club at Colebourne Primary School, we are now in a position to introduce a senior class with new training times. As of 7<sup>th</sup> November, and for the foreseeable future, we will be running two sessions every Monday and Thursday, as follows:

5pm – 5:45pm: Beginners / white belts to green stripe  
5:45 – 6:30: Advanced / green belts to black belts

This will allow us to deliver the correct level of service and instruction to all grades.

## **ABTKD 'SUPERSPARS'**

We have a brand new sports and sparring session beginning on 11<sup>th</sup> November branded as 'ABTKD SuperSpars' where all members train together to improve sparring ability and build confidence for future tournaments. Fridays 5:30-6:30pm at Colebourne Primary School, Stechford Road, Hodge Hill, B34 6BJ. You will need £2 paid on the door, training shoes, full TAGB sparring safety equipment, valid TAGB licence and regular training at a traditional TAGB club. You will not need your uniform or belt, just comfortable sports clothes. All ages welcome – we need men, women, boys and girls to make this regular weekly session a success. This has been planned with Castle Vale and Stechford clubs in mind and to act as a stepping stone to attending our main sparring session in Solihull - 'Friday Night Fight Club'. (All children must be accompanied by an adult for the duration, without exception). See you there...!

## **BLACK BELT GRADING SUCCESS**

The TAGB national Black Belt grading took place at Bristol Academy last month and I am very proud of our four new 1<sup>st</sup> Dan black belts: Pawan Gahir, Tia Mildenhall, Julian Mildenhall and Chelsea Mildenhall. Congratulations and thanks for your hard work over the past few years; what a great achievement.

## **END OF YEAR PARTY**

Our usual and highly successful end of year party and awards evening will be on Saturday 10<sup>th</sup> December 6pm – 11pm and once again held at Kingshurst Pavilion Sporting Club, Meriden Drive, B37 6BX. Limited tickets will be available directly from myself on Monday 7<sup>th</sup> November, £6.50 per person.

## **PARENT PARTICIPATION MONTH**

From Sunday 6<sup>th</sup> November until the end of the year, all parents of current members are welcome to join our classes FREE OF CHARGE until the end of the year. Take the opportunity to make your training a shared family experience and continue your Tae Kwon-Do journey in January 2017.

***Anthony Brennan, 5<sup>th</sup> Dan Instructor, [www.abtkd.co.uk](http://www.abtkd.co.uk)***