Anthony Brennan Tae Kwon-Do

Technique Knowledge Discipline

# **ABTKD NEWSLETTER MARCH 2020**

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – www.abtkd.co.uk

#### LICENCE RENEWALS

The following student licences will expire at the end of April. Please renew via the PayPal link on the website before the end of March:

#### Princess-Dimonelle Bedward, Cole Buckley, Logan Buckley, Sean Gillespie-Hynes, Sinead Gillespie-Hynes

#### Your licence is your responsibility!

#### **CLOSURE DATES**

All clubs will be closed on the following dates:

Friday 10<sup>th</sup> – Tuesday 14<sup>th</sup> April inclusive (Easter Bank Holiday weekend)

> Friday 8<sup>th</sup> May (Early Spring Bank Holiday)

Monday 25<sup>th</sup> – Tuesday 26<sup>th</sup> May inclusive (Spring Bank Holiday)

All members are encouraged to make up any missed sessions at an alternative ABTKD class

#### ENROLLMENT SUCCESS AT CASLTE VALE CLUB

I would like to extend a huge welcome to all of our new members training at Greenwood Academy on Saturday mornings. It is a great fun class to teach and we have had tremendous support from our senior grades, which I am very grateful for; thank you all.

We now have two classes running on Saturdays:

10-10:45am beginners / 10:45-11:30 advanced

#### CLUB GRADING MONDAY 27<sup>TH</sup> APRIL

Our next grading has been confirmed with Grand Master Oliver for 27<sup>th</sup> April. We will be using our Yardley club venue again after the success and positive feedback from last time. Over the next week, grading applications will be issued to students who have been training at their full potential. Some of our younger 9<sup>th</sup> kup / yellow stripe students will not be required to grade but placed on our improvement programme instead. I will speak to parents directly to explain this.

Courtesy

Perseverance

Self Control

Indomitable Spirit

#### FREE SPARRING / FRIDAY NIGHT FIGHT CLUB / SUPERSPARS

Please remember that free sparring forms part of our national syllabus within the constitution of the TAGB. All students must have full TAGB sparring safety equipment after their first year of training with us, as explained in the rules of the club. All of your equipment needs can be fulfilled by your instructor. Our regular weekly sparring and competition preparation class is well attended but we are growing week after week and welcome all who wish to improve.

Friday Night Fight Club, every Friday: 7:15-8:30pm (please arrive from 7pm for registration) Bring: £4, casual dress, trainers, water, towel, full sparring kit and an adult.

We try to dedicate the first senior grade class each month in all clubs to free sparring. This is labelled as ABTKD SuperSpars; February dates as follows:

Monday 2<sup>nd -</sup> Stechford club 5:15-6pm Tuesday 3<sup>rd</sup> - Acocks Green club 6:45-7:45pm Wednesday 4<sup>th</sup> - Castle Vale club 4:45-5:30pm / Yardley club 6:45-7:45pm

#### CHARITY FUNDRAISER / MAT ROTATION EVENT SATURDAY 4<sup>TH</sup> JULY

We have a fantastic opportunity for all grades over the age of eight years to attend our first ever 'mat rotation' training session. This will be held on Saturday 4<sup>th</sup> July at John Henry Newman College, home of Chelmsley TAGB. We have five senior grade instructors who will teach one group at a time as we rotate through the session. This will be a great chance to meet the other local instructors and many other TAGB students.

Details, poster and registration form will be available on our website soon. Please ask your instructor for further information.

#### AREA PRE-GRADE TRAINING FOR BLACK BELTS AND RED BELTS

For any students who intend to take a further grading within the constitution of the TAGB national syllabus from red belt, black stripe or black belt, you must attend national area pre-grade training every six months. Red belts need an attendance card to be stamped / signed to confirm attendance, (cards available from your instructor); black stripe and black belts need licence booklet stamped / signed to confirm attendance.

Full details of these training sessions are on the next pages of this newsletter. We are in the Central England South area, under Grand Master Paul Donnelly; you must attend training in your own area only. Our Central England South area info is highlighted in yellow.

#### Anthony Brennan 5<sup>th</sup> Dan Instructor

07951 539926 www.abtkd.co.uk

# AREA BLACK BELT GRADING PRE-TRAINING SESSIONS

# APRIL 24th/25<sup>th</sup>/26th 2020 BLACK BELT GRADING

Any student who wishes to attend a training session in a different area must apply (via their Instructor) to the relevant Area Co-Ordinator of the area they wish to attend.

# Please note:

# ALL BLACK BELTS AND 1<sup>st</sup> & 2<sup>nd</sup> KUP STUDENTS WHO ARE NOT GRADING MUST ATTEND ONE TRAINING SESSION EACH 6 MONTHS.

# A FEE WILL BE PAYABLE ON THE DAY FOR THESE TRAINING SESSIONS.

Please refer to your Black Belt grading pack for information regarding handing in Black Belt grading forms and payment.

Only TAGB sparring equipment and white doboks are to be worn at these sessions.

# TAGB COUNCIL

# North of England

#### GM Kenny Walton

Tel: 07973 883971 Email: waltons1234@me.com

All forms & payment are to be handed in on, or before, the first session.

Times stated are session start times. Doors open 30 minutes before the start times.

Please ensure you arrive early enough to get your licence stamped and to warm up.

#### 1st Session - Sunday 29th March 2020

Archbishop Beck Catholic Sports college (Entrance to hall via rear carpark entrance)55 Long LaneLiverpoolL9 7BF1<sup>st</sup> and 2<sup>nd</sup> Kups10.30am - 12.30pm.All Black belts12.00pm - 16.00pm

#### 2nd Session - Sunday 5th April 2020

Bradford Unique Lifestyle Gym University of Bradford Great Horton Road Bradford BD7 1DP 1<sup>st</sup> and 2<sup>nd</sup> Kups 9.30am - 11.30am All Black belts 11.00am - 13.00pm

#### 3rd Session - Sunday 19th April 2020

Forge Valley School Wood Lane Sheffield S6 5HG 1<sup>st</sup> and 2<sup>nd</sup> Kups All Black belts 13.00pm - 15.00pm

The early start times are for 1st and 2nd kups and the overlap time for Black belts. Please be early to sign in.

### **Central England South**

**GM Paul Donnelly** 

Tel: 07836 619233

Email: donnellypaul@btinternet.com

All forms & payment are to be handed in on the first session.

All sessions to be held at:

THE PORTWAY LEISURE CENTRE, NEWBURY LANE OLDBURY B69 1HE

# A FEE WILL BE PAYABLE ON THE DAY BY EVERYONE FOR THESE TRAINING SESSIONS EXCEPT FOR THOSE TAKING A GRADING

 1st Session - Sunday 1st March 2020

 1<sup>st</sup> and 2<sup>nd</sup> Kups
 09.00 - 10.30

 All Black belts
 10.30 - 12.00

 2nd Session - Saturday 14<sup>th</sup>
 March 2020

 1<sup>st</sup> and 2<sup>nd</sup> Kups
 09.00-10.30

 All Black belts
 10.30-12.00

## <u> 3rd Session - Sunday 5th April 2020 including all-star gradings</u>

1 <sup>st</sup> and 2 <sup>nd</sup> Kups	09.00-11.00
All Black belts	<b>11.00-13.00</b>

GM Paul Donnelly Tel: 07836 619233

Email: <u>donnellypaul@btinternet.com</u>

## A FEE WILL BE PAYABLE ON THE DAY BY EVERYONE FOR THESE TRAINING SESSIONS EXCEPT FOR THOSE TAKING A GRADING

1<sup>st</sup> Session – Saturday 29th February 2020

2<sup>nd</sup> Session – Sunday 22nd March 2020

3<sup>rd</sup> Session – Saturday 28th March 2020

Please contact GM Donnelly for Timings & Venues for training in Scotland

Anthony Brennan Tae Kwon-Do <u>South Midlands</u> GM Don Atkins Tel: 01926 772246 Email:<u>don.atkins@tagb.biz</u>

All Forms & payment to be in at the first session or on Saturday 21<sup>st</sup> of March at the BB patterns course.

All sessions to be held at:

The Sports Hall Stratford upon Avon School Alcester Road CV37 9DH

BLACK/RED BELTS WHO ARE NOT GRADING AND WISH TO GET THEIR BOOKS & CARDS STAMPED CAN DO SO AT THE FIRST OR THIRD SESSION ONLY.

#### BB Patterns course - Saturday 21<sup>st</sup> March 2020

1<sup>st</sup> Dans 12.30pm – 2.30pm

2<sup>nd</sup> Dans & Above 2.30pm – 4.30pm

#### 1st Session – Saturday 28<sup>th</sup> March 2020

1 <sup>st</sup> and 2 <sup>nd</sup> Kups	1.30pm – 2.30pm
All Black belts	2.30pm – 3.30pm

#### 2nd Session - Saturday 4th April 2020

All Grades 2pm – 4pm (Pre-Grading inc any Junior star grading)

Only open for students sitting the April grading.

3rd Session - Sunday 19th April 2020		
1st and 2 <sup>nd</sup> Kups	10am – 11am	
All Black belts	11am – 12pm	

Courtesy	Integrity	Perseverance	Self Control	Indomitable Spirit
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Anthony Brennan Tae Kwon-Do

### Wales

World Master Gianni Peros

Tel: 07866 491984

Email: gianniperos@yahoo.co.uk

## All Sessions to be held at:

Tae Kwon Do Centre 194b Cowbridge Road East Cardiff CF5 1GW

## 1st Session - Saturday 7th March 2020

1 <sup>st</sup> Kups grading 9.30am	1 <sup>st</sup> Kups grading	9.30am
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1 <sup>st</sup> Kups not grading	10.30am
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All Black Belts 11.45am

#### 2nd Session - Saturday 11th April 2020

Red Belts grading	9.30am
Red Belts not grading	10.30am
All Black Belts	11.45am

## 3rd Session - Saturday 18th April 2020

Red Belts grading	9.30am
Red Belts not grading	10.30am
All Black Belts	11.45am

Anthony Brennan Tae Kwon-Do <u>South East</u> GM David Oliver Tel: 07770 917233 Email: <u>orders@taekwondopromotions.co.uk</u>

## All forms & payment to be handed in on the first training session

<u>1st Session – Saturday 21st March 2020</u>

Garth Hill College Bull Lane Bracknell RG42 2LN

1 <sup>st</sup> and 2 <sup>nd</sup> Kups	12.00pm
All Black belts	1.00pm

# 2nd Session - Saturday 28th March 2020

Burgess Hill Leisure Centre Triangle Way Burgess Hill RH15 8WA

1 <sup>st</sup> and 2 <sup>nd</sup> Kups	4.15pm
All Black belts	5.15pm

# 3rd Session - Saturday 4<sup>th</sup> April 2020

Garth Hill College Bull Lane Bracknell RG42 2LN

1 <sup>st</sup> and 2 <sup>nd</sup> Kups	12.00pm
All Black belts	1.00pm

# South West

#### **GM Michael Dew**

### Email: academy@tagbtaekwondo.com

#### 1st Session Sunday 29th March 2020

Bristol Academy 163A Church Road Redfield Bristol BS5 9LA

1 <sup>st</sup> Kups	10.00am
Junior Stars	12.00pm
All Black belts	1.00pm

## 2nd Session Saturday 4th April 2020

Hutton Moor Leisure Centre Weston super Mare BS22 8LY

All Black Belts	10.00am
1 <sup>st</sup> Kups	11.45am

#### 3rd Session - Sunday 19th April 2020

Hutton Moor Leisure Centre Weston super Mare BS22 8LY

All Black Belts	10.00am
1 <sup>st</sup> Kups	11.45am

## North Midlands

## **GM Ron Sergiew**

#### Tel: 07894 035265

## Map and directions to venues can be found on: <u>www.nmtkd.org.uk</u>

## Email: TAGB@icloud.com

## <u>1st Session (Pre-grading) – (Star grading) Sunday 8<sup>th</sup> March 2020</u>

Wildcat ArenaGreenwood RoadNottinghamNG3 7EDStar Graders1.00pmBlack belts1.45pm1st Kups2.30pmOnly open for students who are sitting the April grading

#### 2nd Session Sunday 22<sup>nd</sup> March 2020

Belper Leisure Centre John O`Gaunts Way Belper Derby DE56 0DA 13.00pm – 15.00pm All Belts together Only open for students who are sitting the April grading

# 3rd Session Sunday 5th April 2020

Belper Leisure Centre John O`Gaunts Way Belper Derby DE56 0DA 13.00pm – 15.00pm Courtesy Integrity Anthony Brennan Tae Kwon-Do All belts together who are sitting the April grading 14.30pm – 16.00pm Red Belts & Black belts not grading (Catch Up stamps)

Central England North GM Ron Sergiew

Tel: 07894 035265

Email: TAGB@icloud.com

#### All sessions to be held at:

Wreake Valley Community College Parkstone Road Syston Leicester LE7 1LY

#### Map & Directions to the venue can be found at: http://www.wvacademy.org

SEND APPLICATIONS TO:-TAGB Admin (CN Black Belt Applications) PO Box 16641 Tamworth Staffs B77 9NA

## A reminder all red belts and red belt black stripes who are not grading must attend a session and get their cards stamped to be eligible for their Black Belt Grading.

APPLICATION DEADLINE TO TAGB ADMIN ????? Applications that arrive at the office after that date will be returned to sender.

SATURDAY 21<sup>st</sup> MARCH 10:00am to 11:00am - All RED belts + A

+ ASSESSMENTS

11:00am to 12:00pm - All BLACK belts + ASSESSMENTS

#### SATURDAY 28th MARCH

10:00am to 11:00am - All RED belts 11:00am to 12:00pm - All BLACK belts

#### SATURDAY 4th APRIL

Courtesy

Perseverance

ASSESSMENTS can be made at the Pre- Black Session indicated in RED or at any of the

colour belt gradings taken by myself prior to the Black Belt Grading.

A copy of the Black Belt Grading Form for assessing students should be brought ON THE DAY of the assessment and NOT sent in by post or email.

The result will be given on the day TO THE INSTRUCTOR ONLY and NOT to the Student.

If the Instructor is not present then he/she can email me for the result.

ALL Black Stripes and ALL Dan grades who wish to grade in April 2020 must assess.

**REMEMBER ..... NO ASSESSMENT NO GRADING!**