

ABTKD NEWSLETTER MARCH 2019

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – www.abtkd.co.uk

LICENCE RENEWALS

The following student licences will expire at the end of April.
Please renew via the PayPal link on the website before 31st March:

***Annalisa Burton, Jason Evans, Sean Gillespie-Hynes,
Sinead Gillespie-Hynes, Tia Mildenhall***

The following student licences will expire at the end of May.
Please renew via the PayPal link on the website before 30th April:

***Alayna-Zahra Farooq, Arissa-Noor Farooq, Nicola Harley, Anya Haroon,
Chelsea Mildenhall, Julian Mildenhall, Utheilah Muhammed, Rihards Murnieks,
Calum Williams, Ummayah-Nur Yousaf***

SATURDAY BLACK BELT TRAINING

To all members who are serious about black belt and beyond, I would like to see you training regularly at our dedicated preparation sessions. These weekly classes are now well established and led by Sean Rodgers and me. We cover advanced syllabus for 2nd kup, 1st kup and all dan grades, in perfecting performance for grading at TAGB HQ, Bristol Academy.

Every Saturday, 11am – 12pm

Chelmsley TAGB, John Henry Newman Catholic College,
Chelmsley Road, B37 5GA

£5 per person paid on the door.

YARDLEY CLUB AT KESH ACADEMY

Our next campaign for enrolment of new members will be a free trial lesson at Yardley club on Wednesday 27th March at 6pm. We have five thousand flyers distributing across the B26 post code as well as social media advertising and some work with local primary schools. If you would like to support this campaign by taking some flyers for family, friends, school or local shops and business, I would be extremely grateful for your time and effort. Please ask at your next class. Due to this new beginner's class, all current Yardley members will need to move to an advanced class with a new time of 7-8pm every Wednesday from 27th March onwards.

Mondays will remain unchanged with all members training 6:30-7:30pm.

CLUB GRADING

Our next coloured belt grading will be towards the end of April 2019. The date and venue still need to be confirmed so I will relay this in due course but for now sharpen your skills, read your syllabus book and remember that a little practice at home goes an awful long way overall.

WHERE IS MY INSTRUCTOR?

I would like to offer some insight into why I have been missing from classes recently.

I suffered a personal injury where I sustained a laceration to my head and damage to my neck.

Our amazing NHS took fantastic care of me when I needed it most, where literally dozens of people of differing expertise played various roles in treating me in hospital over a four-day period. Ambulance and paramedics, A&E, CT scan, MRI, bed on ward with countless nurses, consultant neurosurgeon, orthopaedic surgeon, anaesthetist, orthopaedic consultant, x-ray, physiotherapy, cleaners and cooks - all of this was free at the point of use.

I have very little previous experience of the service but with 66 million customers and limited resource and funding, I now have enormous respect for the NHS infrastructure, it is truly fantastic. I will be back to work from 11th March (although please forgive me for wearing a hat for a while).

THANK YOU!

I would like to relay my most sincere gratitude to all who offered their time to fill in for me in covering classes on our very busy timetable of clubs, and in particular; Sean Rodgers, Julieann Lowthorpe, Leah Woodall and Tia Mildenhall. Thank you also to our members and parents for well wishes and messages of concern, and of course to my family and friends for ongoing support.

RETURNING TO FULL STANDARD WHITE UNIFORM

I would like to return to a more disciplined appearance at all clubs with our members wearing a full standard white TAGB dobok. Everyone is welcome to wear club tee shirts and competition doboks during 2019 but I ask that as of January 2020 we revert to standard uniform only.

SALE PRICES ON ALL OF THE FOLLOWING ORDERED BEFORE 31ST MARCH 2019...

All doboks ~~£36~~ £30 – All sparring gloves ~~£25~~ £20 – All sparring boots ~~£25~~ £20

AREA PRE-GRADE TRAINING FOR BLACK BELTS AND RED BELTS

For any students who intend to take a further grading within the constitution of the TAGB national syllabus from red belt, black stripe or black belt, you must attend national area pre-grade training. Red belts need an attendance card to be stamped / signed to confirm attendance, (cards available from your instructor); black stripe and black belts need licence booklet stamped / signed to confirm attendance. Full details of these training sessions are on the next pages of this newsletter. We are in the Central England South area, under Grand Master Paul Donnelly; you must attend training in your own area only – alternative and additional training is only available with advanced permission from the area representative. Please bring full TAGB sparring safety equipment.

Standard white TAGB dobok only - no tee shirts, club suits or international doboks.

Anthony Brennan 5th Dan Instructor 07951 539926 www.abtkd.co.uk

AREA BLACK BELT GRADING PRE-TRAINING SESSIONS

**APRIL 12th/13th/14th 2019
BLACK BELT GRADING**

Any student who wishes to attend a training session in a different area must apply (via their Instructor) to the relevant Area Co-Ordinator of the area they wish to attend.

Please note:

ALL BLACK BELTS AND 1st & 2nd KUP STUDENTS WHO ARE NOT GRADING MUST ATTEND ONE TRAINING SESSION EACH 6 MONTHS.

A FEE WILL BE PAYABLE ON THE DAY FOR THESE TRAINING SESSIONS.

Please refer to your Black Belt grading pack for information regarding handing in Black Belt grading forms and payment.

Only TAGB sparring equipment and white doboks are to be worn at these sessions.

TAGB COUNCIL

North of England

GM Kenny Walton

Tel: 07973 883971

All forms & payment are to be handed in on, or before, the first session.

Times stated are session start times. Doors open 30 minutes before the start times.

Please ensure you arrive early enough to get your licence stamped and to warm up.

1st Session - Saturday 16th March 2019 (NEW VENUE)

Trinity Green Campus ports Centre (Access to the centre via Trinity Road only)

Trinity Road

Bradford

BD5 0JE

1st and 2nd Kups 9.30am - 11.30am.

All Black belts 10.30am - 12.30pm

2nd Session - Sunday 31st March 2019

Arch Bishop Beck Catholic Sports College (Entrance to hall via rear car park entrance)

55 Long Lane

Liverpool

L9 7BF

1st and 2nd Kups 9.30am - 11.30am

All Black belts 10.30am - 12.30pm

3rd Session - Sunday 7th April 2019

Forge Valley School

Wood Lane

Sheffield

S6 5HG

1st and 2nd Kups 1.30am – 3.30pm

All Black belts 2.30pm - 4.30pm

The early start times are for 1st and 2nd kups and the overlap time for Black belts. Please be early to sign in.

Central England South

GM Paul Donnelly

Tel: 07836 619233

All forms & payment are to be handed in on the first session.

All sessions to be held at:

**THE PORTWAY
LEISURE CENTRE,
NEWBURY LANE
OLDBURY
B69 1HE**

1st Session - Sunday 10th March 2019

1st and 2nd Kups	11.30am - 12.45pm
All Black belts	12.45pm – 2pm

2nd Session - Sunday 17th March 2019

1st and 2nd Kups	11.30am - 12.45pm
All Black belts	12.45pm – 2pm

3rd Session - Sunday 31st March 2019

1st and 2nd Kups	9.30am - 10.45am
All Black belts	10.45pm – 12.30pm

including all star gradings

Scotland

GM Paul Donnelly

Tel: 07836 619233

1st Session – Sunday 10th March 2019

2nd Session – Saturday 16th March 2019

3rd Session – Saturday 30th March 2019

Please contact GM Donnelly for Timings & Venues for training in Scotland

South Midlands

GM Don Atkins

Tel: 01926 772246

don.atkins@tagb.biz

All Forms & payment to be in at the first session or on Sunday 10th of March at the BB patterns course.

All sessions to be held at:

The Sports Hall
Stratford upon Avon School
Alcester Road
CV37 9DH

BLACK/RED BELTS WHO ARE NOT GRADING AND WISH TO GET THEIR BOOKS & CARDS STAMPED CAN DO SO AT THE FIRST OR THIRD SESSION ONLY.

BB Patterns course - Sunday 10th March 2019

1 st Dans	10am – 12pm
2 nd Dans & Above	12pm – 2pm

1st Session – Sunday 17th March 2019

1 st and 2 nd Kups	10am – 11am
All Black belts	11am – 12pm

2nd Session - Saturday 30th March 2019

All Grades 2pm – 4pm (Pre-Grading inc any Junior star grading)

Only open for students sitting the April grading.

3rd Session - Sunday 7th April 2019

1 st and 2 nd Kups	10am – 11am
All Black belts	11am – 12pm

Wales

World Master Gianni Peros

Tel: 07866 491984

All Sessions to be held at:

**Tae Kwon Do Centre
194b Cowbridge Road East
Cardiff
CF5 1GW**

1st Session - Saturday 23rd March 2019

Red Belts grading	9.30am
Red Belts not grading	10.30am
1st Dans	11.30am
2nd Dans & above	12.30pm

2nd Session - Saturday 30th March 2019

Red Belts grading	9.30am
Red Belts not grading	10.30am
1st Dans	11.30am
2nd Dans & above	12.30pm

3rd Session - Saturday 6th April 2019

Red Belts grading	9.30am
Red Belts not grading	10.30am
1st Dans	11.30am
2nd Dans & above	12.30pm

South East

GM David Oliver

Tel: 07770 917233

All forms & payment to be handed in on the first training session

1st Session – Saturday 2nd March 2019

**Garth Hill College
Bull Lane
Bracknell
RG42 2LN**

1st and 2nd Kups 11.00am

All Black belts 12.00pm

2nd Session - Saturday 9th March 2019

**Burgess Hill Leisure Centre
Triangle Way
Burgess Hill
RH15 8WA**

1st and 2nd Kups 12.00pm

All Black belts 1.00pm

3rd Session - Saturday 16th March 2019

**Garth Hill College
Bull Lane
Bracknell
RG42 2LN**

1st and 2nd Kups 11.00am

All Black belts 12.00pm

South West

GM Michael Dew

Email: academy@tagbtaekwondo.com

1st Session (Pre-grading)- Sunday 17th March 2019

**Bristol Academy
163A Church Road
Redfield
Bristol
BS5 9LA**

1st Kups	10.00am
Junior Star	12.00pm
All Black belts	1.00pm

2nd Session-Sunday 31st March 2019

**Hutton Moor Leisure Centre
Weston super Mare
BS22 8LY**

All Black Belts	10.00am
1st Kups	11.45am

3rd Session - Saturday 6th April 2019

**Hutton Moor Leisure Centre
Weston super Mare
BS22 8LY**

All Black Belts	10.00am
1st Kups	11.45am

North Midlands

GM Ron Sergiew

Tel: 07894 035265

Map and directions to venues can be found on: www.nmtkd.org.uk

1st Session (Pre-grading) – (Star grading) Sunday 10th March 2019

Belper Sports Centre
John O` Gaunts Way
Belper
Derby
DE56 0DA

Star Graders	12.15pm
Black belts	1.15pm
1 st Kups	2.15pm

Only open for students who are sitting the April grading

2nd Session Sunday 31st March 2019

Belper Sports Centre
John O` Gaunts Way
Belper
Derby
DE56 0DA

1pm – 3pm

Only open for students who are sitting the April grading

3rd Session Sunday 7th April 2019

Derby Arena
Royal Way
Pride Parkway
Derby
DE24 8JB

1pm – 3pm

All belts who are sitting the April grading

2.30pm – 4pm

Red Belts & Black belts not grading (Catch Up stamps)

Central England North

GM Ron Sergiew

Tel: 07894 035265

All sessions to be held at:

Wreake Valley Community College Parkstone Road Syston Leicester LE7 1LY

Map & Directions to the venue can be found at: <http://www.wvacademy.org>

SEND APPLICATIONS TO:-

TAGB Admin (CN Black Belt Applications)

PO Box 16641

Tamworth

Staffs B77 9NA

A reminder all red belts and red belt black stripes who are not grading must attend a session and get their cards stamped to be eligible for their Black Belt Grading.

SATURDAY 9th MARCH

11:00am to 12:00pm - All RED belts

12:00pm to 1:00pm - All BLACK belts

SATURDAY 30th MARCH

11:00am to 12:00pm - All RED belts

12:00pm to 1:00pm - All BLACK belts

SATURDAY 6th APRIL

11:00am to 12:00pm - All RED belts

12:00pm to 1:00pm - All BLACK belts