

ABTKD NEWSLETTER JUNE 2019

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – www.abtkd.co.uk

LICENCE RENEWALS

The following student licences will expire at the end of July.
Please renew via the PayPal link on the website before 30th June:

Malachi McGrory

The following student licences will expire at the end of August.
Please renew via the PayPal link on the website before 31st July:

***Zain Amin, Reinis Beihmanis, Mason Collins, Naomi Collins,
Anthony Gayle, Aleeza Haroon, Adam Jaszewski, Jayden Johnson,
Ellie McCormack, Eve McGrory, Praveer Phull, Hayaam Yaseen, Safa Yaseen***

CLOSURE DATES

Wednesday 3rd July KESH closed – Yardley training with Chelmsley TAGB,
John Henry Newman Catholic College, Chelmsley Road, B37 5GA
6-7pm lower grades / 7-8pm higher grades

Monday 19th – Friday 30th August inclusive (all clubs closed for summer break)

STECHFORD ENROLLMENT SUCCESS

I would like to offer a warm and friendly welcome to all our new students who have recently enrolled at Stechford club. We now have very strong beginners and advanced classes full of members eager to embrace the Tae Kwon-Do syllabus.

GRADING SUCCESS

Well done to all who graded at Stechford TAGB on Friday 17th May under GM Oliver. We had representation from all five of our ABTKD clubs, Acocks Green, Castle Vale, Small Heath, Stechford and Yardley as well as guests from North Coventry TAGB. We achieved a 100 percent success rate again, including 12 'A' passes. Congratulations to Jayden Johnson from Castle Vale club who was presented with the grading award by Grand Master Oliver. Sincere thanks go to our officials for the grading – we couldn't have done it without you:
Julieann Lowthorpe, Sean Rodgers, James Flaxman and GM Oliver.

ACOCKS GREEN CLUB AT ARCHBISHOP ILSLEY SCHOOL

Our next campaign for enrolment of new members will be a free trial lesson at Acocks Green club on Tuesday 11th June, 6pm. We have ten thousand flyers in distribution across the B27 post code as well as social media advertising and some work with local primary schools. If you would like to support this campaign by taking some flyers for family, friends, school or local shops and business, I would be extremely grateful for your time and effort. Please ask at your next class.

All grades are welcome to attend the trail class to help our potential new members feel comfortable, relaxed and among friends.

ACOCKS GREEN CLUB TIME CHANGE

As of 11th June, training times for Acocks Green club at Archbishop Ilsley school will be as follows:

Tuesdays (from 11th June)

6 – 6:45pm

little ninjas / family class, (beginners to green belt)

6:45-7:45pm

advanced TKD, (blue belt to black belt)

Thursdays (from 13th June)

6:30-7:30pm

mixed class (all grades / all ages)

7:30-7:45

Black belt pattern / advanced grading preparation

EUROPEAN CHAMPIONSHIPS SUCCESS

After gruelling preparation, heavy financial investment, countless hours of time, and maximum commitment to the five tenets, I am very proud that with only two competitors on the recent European Championships, we managed to secure five medals overall.

Jayden Johnson

silver point sparring, silver continuous sparring

Rihards Murnieks

gold patterns, gold point sparring, gold continuous sparring

Congratulations to both of you and thank you for representing us so well.

WELSH CHAMPS SUCCESS

Great results from the TAGB Welsh Championships in Cardiff on Sunday 19th May.
Well done to all who supported and took part, I hope you are proud of your achievements and realise that you are among the best competitors in the country.

Daniel Ezuz – bronze sparring, gold tag team

Jayden Johnson – bronze sparring, gold tag team

Rihards Murnieks – gold patterns, gold sparring, gold tag team

Hanna Ezuz

Mollie Brennan

LINCOLNSHIRE CHAMPIONSHIPS SATURDAY 15TH JUNE

To all who have entered the Lincolnshire Championships as competitors, spectators or officials,
please collect your wrist band entry tickets from me in class this week.

All competitors, I will look forward to seeing you training hard at Friday Night Fight club.

BLACK BELT CLUB IS BACK

To all members who are serious about black belt and beyond, come along to our regular dedicated preparation sessions. This weekly class will be relaunched on Saturday 8th June and led by Sean Rodgers and Anthony Brennan. We will cover advanced syllabus for 2nd kup, 1st kup and all dan grades, in perfecting performance for grading at TAGB HQ, Bristol Academy. Students will be selected for black belt grading based on these sessions; please attend regularly where possible.

Blue belts and above are welcome to join us. Please wear standard full white dobok.

Every Saturday, 11am – 12pm

Chelmsley TAGB

John Henry Newman Catholic College,

Chelmsley Road, B37 5GA

£5 per person paid on the door. Standard full white dobok only.

FREE SPARRING IN REGULAR CLASSES

During the first week of every month, at least one class per club (usually advanced / senior class) will be dedicated to free sparring only. Free Sparring is a very important part of our national syllabus, so we need to build confidence in this and breed new competitors for local, national, international and world events. All members are expected to purchase full TAGB sparring safety equipment after their first full year of training so please get as much experience as possible.

FRIDAY NIGHT FIGHT CLUB

If you have not been before, come along and join us for the best class available on our busy timetable, every Friday 7 – 8:30pm Lode Heath School, Lode Lane, Solihull, B91 2HW. Bring casual dress, full TAGB sparring safety equipment, trainers, water, £4 and an adult. Fitness, agility, sparring and fun - I guarantee you will enjoy this class or your money back!

CLUB TRACKSUITS AND MOM / DAD / PARENT HOODIES

Thanks to all those who ordered items from our brand-new club clothing range of tracksuits for students and hoodies for parents. Your orders will be ready to collect over the next week. The next bulk order for clothing, equipment, media and miscellaneous items will be submitted on Friday 28th June so if you need anything please ensure order forms are with me by then.

TAGB SYLLABUS BOOK / TRAINING MANUAL

If you do not have this book, please order one from your instructor as soon as possible. This is a reference tool for every TAGB student in the country and a means by which you can practice at home to perfect technique and prepare for grading. The cost is £14 but the value is phenomenally higher as, for children in our clubs, it will be used for a journey lasting over seven years.

RETURNING TO FULL STANDARD WHITE UNIFORM

We will be returning to a more disciplined appearance at all clubs with all members wearing a full standard white TAGB dobok. Everyone is welcome to wear club tee shirts and competition doboks during 2019 but I ask that as of January 2020 we revert to standard uniform only.

Anthony Brennan 5th Dan Instructor

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