

ABTKD NEWSLETTER FEBRUARY 2020

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – www.abtkd.co.uk

LICENCE RENEWALS

The following student licences will expire at the end of March.
Please renew via the PayPal link on the website before 29th February:

***Muhammad Bin Imad, Umar Bin Imad, Ruqaiyyah Bint Imad,
Thea Bergwin, Pawan Gahir, Keyonie Irving,
Hollie James-Mullins, Ameer Sheraz, Ella Thompson***

Your licence is your responsibility!

CLOSURE DATES

Wednesday 12th February

Yardley club at KESH closed due to school music performance.
We will be training with Chelmsley TAGB instead:

John Henry Newman Catholic College
Chelmsley Road, Birmingham, B37 5GA
6-7pm lower grades, 7-8pm higher grades

RETURNING TO FULL STANDARD WHITE UNIFORM

Thank you to all members who have helped with the disciplined appearance in class by returning to a full standard uniform of white TAGB dobok only. We no longer allow any club tee shirts or coloured / competition / international doboks in any of our classes.

TAGB MIDLANDS CHAMPS SUCCESS

We had another very successful day for our clubs at the recent Midlands Championships. Thank you and well done to our members who represented us so well and congratulations to those who managed to secure medals and trophies:

Eva McDowell – silver sparring
Rihards Murnieks – gold sparring, silver patterns, bronze tag team
Jayden Johnson – silver sparring, bronze tag team
Daniel Ezuz – silver sparring
Hanna Ezuz

Our next TAGB tournament will be the English Championships on Sunday 15th March.

PLEASE BE FAMILIAR WITH NEW CLASS TIMES FROM 01/02/20

Acocks Green club @ Archbishop Ilsey School

Tuesdays

6-6:45pm beginners – white belt to yellow belt
6:45-7:45pm intermediate / advanced – green belt to black belt

Thursdays

6-7pm beginners / intermediate – white belt to black belt
7-8pm advanced – red belts and dan grades only

Castle Vale club @ The Sanctuary

Wednesdays

4-4:45pm beginners – white belt to yellow belt
4:45-5:30pm intermediate / advanced – green belt to black belt

Castle Vale club @ Greenwood Academy

Saturdays

10-10:45am mixed – all grades

Stechford club @ Colebourne Primary School

Mondays

4:30-5:15pm beginners – white belt to yellow belt
5:15-6pm intermediate / advanced – green belt to black belt

Fridays

4:30-5:15pm beginners – white belt to yellow belt
5:15-6pm intermediate / advanced – green belt to black belt
6-6:30pm advanced – extended for red stripe to dan grades only

Yardley club @ King Edwards Sheldon Heath Academy

Mondays

6:30-7:30pm mixed – all grades
7:30-8pm advanced – extended for red belts and dan grades only

Wednesdays

6-6:45pm beginners – white belt to yellow belt
6:45-7:45pm intermediate / advanced – green belt to black belt

Senior grades are welcome to train in lower grade classes but not vice versa.

If anyone can not commit to the stated time for their grade specific class, please contact me directly to discuss options as I do not want anyone to feel forced out.

NEW ENROLLMENT AT CASLTE VALE CLUB

We have a brand-new mixed class starting in Castle Vale!
The launch date will be Saturday 1st February at 10am in an exciting new venue,
The Dance Studio, Greenwood Academy, Farnborough Road, B35 7NL.

Please feel free to come along and support this new venture as we will need senior grades to demonstrate some aspects of the syllabus during the free trial class.

TWO CLASSES FOR ALL BEGINNERS / WHITE BELTS / YELLOW STRIPES

Some members have been contacted to ensure they are getting the best from our clubs and the syllabus by converting to full membership and training in two classes per week. If this includes you, please ensure that your Standing Order has been amended to reflect this from 1st February 2020. Remember that all full members are welcome to attend more than two classes with cross training at other ABTKD club venues at no additional cost.

FREE SPARRING / FRIDAY NIGHT FIGHT CLUB / SUPERSPARS

Please remember that free sparring forms part of our national syllabus within the constitution of the TAGB. All students must have full TAGB sparring safety equipment after their first year of training with us, as explained in the rules of the club. All of your equipment needs can be fulfilled by your instructor. Our regular weekly sparring and competition preparation class is well attended but we are growing week after week and welcome all who wish to improve.

Friday Night Fight Club every Friday:
7:15-8:30pm (please arrive from 7pm for registration)
Bring: £4, casual dress, trainers, water, towel, full sparring kit and an adult.

We try to dedicate the first senior grade class each month in all clubs to free sparring. This is labelled as ABTKD SuperSpars; February dates as follows:

Monday 3rd - Stechford club 5:15-6pm
Tuesday 4th - Acocks Green club 6:45-7:45pm
Wednesday 5th - Castle Vale club 4:45-5:30pm / Yardley club 6:45-7:45pm

AREA PRE-GRADE TRAINING FOR BLACK BELTS AND RED BELTS

For any students who intend to take a further grading within the constitution of the TAGB national syllabus from red belt, black stripe or black belt, you must attend national area pre-grade training every six months. Red belts need an attendance card to be stamped / signed to confirm attendance, (cards available from your instructor); black stripe and black belts need licence booklet stamped / signed to confirm attendance.

Full details of these training sessions are on the next pages of this newsletter. We are in the Central England South area, under Grand Master Paul Donnelly; you must attend training in your own area only. Our Central England South area info is highlighted in yellow.

Anthony Brennan **5th Dan Instructor** **07951 539926** **www.abtkd.co.uk**

AREA BLACK BELT GRADING PRE-TRAINING SESSIONS

**APRIL 24th/25th/26th 2020
BLACK BELT GRADING**

Any student who wishes to attend a training session in a different area must apply (via their Instructor) to the relevant Area Co-Ordinator of the area they wish to attend.

Please note:

ALL BLACK BELTS AND 1st & 2nd KUP STUDENTS WHO ARE NOT GRADING MUST ATTEND ONE TRAINING SESSION EACH 6 MONTHS.

A FEE WILL BE PAYABLE ON THE DAY FOR THESE TRAINING SESSIONS.

Please refer to your Black Belt grading pack for information regarding handing in Black Belt grading forms and payment.

Only TAGB sparring equipment and white doboks are to be worn at these sessions.

TAGB COUNCIL

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

North of England

GM Kenny Walton

Tel: 07973 883971 Email: waltons1234@me.com

All forms & payment are to be handed in on, or before, the first session.

Times stated are session start times. Doors open 30 minutes before the start times.

Please ensure you arrive early enough to get your licence stamped and to warm up.

1st Session - Sunday 29th March 2020

Archbishop Beck Catholic Sports college (Entrance to hall via rear carpark entrance)

55 Long Lane

Liverpool

L9 7BF

1st and 2nd Kups 10.30am - 12.30pm.

All Black belts 12.00pm - 16.00pm

2nd Session - Sunday 5th April 2020

Bradford Unique Lifestyle Gym

University of Bradford

Great Horton Road

Bradford

BD7 1DP

1st and 2nd Kups 9.30am - 11.30am

All Black belts 11.00am - 13.00pm

3rd Session - Sunday 19th April 2020

Forge Valley School

Wood Lane

Sheffield

S6 5HG

1st and 2nd Kups 11.30am – 13.30pm

All Black belts 13.00pm - 15.00pm

The early start times are for 1st and 2nd kups and the overlap time for Black belts. Please be early to sign in.

Central England South

GM Paul Donnelly

Tel: 07836 619233

Email: donnellypaul@btinternet.com

All forms & payment are to be handed in on the first session.

All sessions to be held at:

**THE PORTWAY
LEISURE CENTRE,
NEWBURY LANE
OLDBURY
B69 1HE**

**A FEE WILL BE PAYABLE ON THE DAY BY EVERYONE FOR THESE TRAINING
SESSIONS EXCEPT FOR THOSE TAKING A GRADING**

1st Session - Sunday 1st March 2020

1st and 2nd Kups	09.00 - 10.30
All Black belts	10.30 – 12.00

2nd Session - Saturday 14th March 2020

1st and 2nd Kups	09.00-10.30
All Black belts	10.30-12.00

3rd Session - Sunday 5th April 2020 including all-star gradings

1st and 2nd Kups	09.00-11.00
All Black belts	11.00-13.00

Scotland

GM Paul Donnelly

Tel: 07836 619233

Email: donnellypaul@btinternet.com

**A FEE WILL BE PAYABLE ON THE DAY BY EVERYONE FOR THESE TRAINING
SESSIONS EXCEPT FOR THOSE TAKING A GRADING**

1st Session – Saturday 29th February 2020

2nd Session – Sunday 22nd March 2020

3rd Session – Saturday 28th March 2020

Please contact GM Donnelly for Timings & Venues for training in Scotland

South Midlands

GM Don Atkins

Tel: 01926 772246

Email: don.atkins@tagb.biz

All Forms & payment to be in at the first session or on Saturday 21st of March at the BB patterns course.

All sessions to be held at:

The Sports Hall
Stratford upon Avon School
Alcester Road
CV37 9DH

BLACK/RED BELTS WHO ARE NOT GRADING AND WISH TO GET THEIR BOOKS & CARDS STAMPED CAN DO SO AT THE FIRST OR THIRD SESSION ONLY.

BB Patterns course - Saturday 21st March 2020

1st Dans	12.30pm – 2.30pm
2nd Dans & Above	2.30pm – 4.30pm

1st Session – Saturday 28th March 2020

1st and 2nd Kups	1.30pm – 2.30pm
All Black belts	2.30pm – 3.30pm

2nd Session - Saturday 4th April 2020

All Grades **2pm – 4pm (Pre-Grading inc any Junior star grading)**

Only open for students sitting the April grading.

3rd Session - Sunday 19th April 2020

1st and 2nd Kups	10am – 11am
All Black belts	11am – 12pm

Wales

World Master Gianni Peros

Tel: 07866 491984

Email: gianniperos@yahoo.co.uk

All Sessions to be held at:

Tae Kwon Do Centre
194b Cowbridge Road East
Cardiff
CF5 1GW

1st Session - Saturday 7th March 2020

1st Kups grading	9.30am
1st Kups not grading	10.30am
All Black Belts	11.45am

2nd Session - Saturday 11th April 2020

Red Belts grading	9.30am
Red Belts not grading	10.30am
All Black Belts	11.45am

3rd Session - Saturday 18th April 2020

Red Belts grading	9.30am
Red Belts not grading	10.30am
All Black Belts	11.45am

South East

GM David Oliver

Tel: 07770 917233

Email: orders@taekwondopromotions.co.uk

All forms & payment to be handed in on the first training session

1st Session – Saturday 21st March 2020

**Garth Hill College
Bull Lane
Bracknell
RG42 2LN**

1st and 2nd Kups 12.00pm

All Black belts 1.00pm

2nd Session - Saturday 28th March 2020

**Burgess Hill Leisure Centre
Triangle Way
Burgess Hill
RH15 8WA**

1st and 2nd Kups 4.15pm

All Black belts 5.15pm

3rd Session - Saturday 4th April 2020

**Garth Hill College
Bull Lane
Bracknell
RG42 2LN**

1st and 2nd Kups 12.00pm

All Black belts 1.00pm

South West

GM Michael Dew

Email: academy@tagbtaekwondo.com

1st Session Sunday 29th March 2020

**Bristol Academy
163A Church Road
Redfield
Bristol
BS5 9LA**

1st Kups	10.00am
Junior Stars	12.00pm
All Black belts	1.00pm

2nd Session Saturday 4th April 2020

**Hutton Moor Leisure Centre
Weston super Mare
BS22 8LY**

All Black Belts	10.00am
1st Kups	11.45am

3rd Session - Sunday 19th April 2020

**Hutton Moor Leisure Centre
Weston super Mare
BS22 8LY**

All Black Belts	10.00am
1st Kups	11.45am

North Midlands

GM Ron Sergiew

Tel: 07894 035265

Map and directions to venues can be found on: www.nmtkd.org.uk

Email: TAGB@icloud.com

1st Session (Pre-grading) – (Star grading) Sunday 8th March 2020

Wildcat Arena
Greenwood Road
Nottingham
NG3 7ED

Star Graders	1.00pm
Black belts	1.45pm
1 st Kups	2.30pm

Only open for students who are sitting the April grading

2nd Session Sunday 22nd March 2020

Belper Leisure Centre
John O` Gaunts Way
Belper
Derby
DE56 0DA

13.00pm – 15.00pm

All Belts together

Only open for students who are sitting the April grading

3rd Session Sunday 5th April 2020

Belper Leisure Centre
John O` Gaunts Way
Belper
Derby
DE56 0DA

13.00pm – 15.00pm

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

All belts together who are sitting the April grading

14.30pm – 16.00pm

Red Belts & Black belts not grading (Catch Up stamps)

Central England North

GM Ron Sergiew

Tel: 07894 035265

Email: TAGB@icloud.com

All sessions to be held at:

Wreake Valley Community College Parkstone Road Syston Leicester LE7 1LY

Map & Directions to the venue can be found at: <http://www.wvacademy.org>

SEND APPLICATIONS TO:-

TAGB Admin (CN Black Belt Applications)

PO Box 16641

Tamworth

Staffs B77 9NA

A reminder all red belts and red belt black stripes who are not grading must attend a session and get their cards stamped to be eligible for their Black Belt Grading.

APPLICATION DEADLINE TO TAGB ADMIN

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Applications that arrive at the office after that date will be returned to sender.

SATURDAY 21st MARCH

10:00am to 11:00am - All RED belts + **ASSESSMENTS**

11:00am to 12:00pm - All BLACK belts + **ASSESSMENTS**

SATURDAY 28th MARCH

10:00am to 11:00am - All RED belts

11:00am to 12:00pm - All BLACK belts

SATURDAY 4th APRIL

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

Anthony Brennan Tae Kwon-Do
10:00am to 11:00am - All RED belts
11:00am to 12:00pm - All BLACK belts

Technique Knowledge Discipline

ASSESSMENTS can be made at the Pre- Black Session indicated in RED or at any of the colour belt gradings taken by myself prior to the Black Belt Grading.

A copy of the Black Belt Grading Form for assessing students should be brought ON THE DAY of the assessment and NOT sent in by post or email.

The result will be given on the day TO THE INSTRUCTOR ONLY and NOT to the Student.

If the Instructor is not present then he/she can email me for the result.

ALL Black Stripes and ALL Dan grades who wish to grade in April 2020 must assess.

REMEMBER NO ASSESSMENT NO GRADING!