Technique Knowledge Discipline

## **ABTKD NEWSLETTER APRIL 2019**

Welcome to our latest newsletter containing news and information about our clubs and events. Check our website news page for further updates – www.abtkd.co.uk

## LICENCE RENEWALS

The following student licences will expire at the end of May. Please renew via the PayPal link on the website before 30<sup>th</sup> April:

#### Alayna-Zahra Farooq, Arissa-Noor Farooq, Nicola Harley, Anya Haroon, Chelsea Mildenhall, Julian Mildenhall, Utheilah Muhammed, Rihards Murnieks, Calum Williams, Ummayah-Nur Yousaf

The following student licences will expire at the end of June. Please renew via the PayPal link on the website before 31<sup>st</sup> May:

# Saibah Habib Ali, Dominic Campbell, Alfie Haigh, Alina Haroon, Amal Jama, Mohammed Jama, Brandon Murphy, Muhammed Isa Nazir, Judah Steele, Antonio Velasquez

## CASTLE VALE ENROLLMENT SUCCESS

On behalf of myself and all members, I would like to offer a warm and friendly welcome to our new students who have recently enrolled at Castle Vale club. We now have much stronger numbers and very keen and motivated people across beginners and advanced classes at Castle Vale. Here's to a bright future in B35.

## STECHFORD CLUB AT COLEBOURNE PRIMARY SCHOOL

Our next campaign for enrolment of new members will be a free trial lesson at Stechford club on Friday 10<sup>th</sup> May, 5pm. We have five thousand flyers distributing across the B33 / B34 post code as well as social media advertising and some work with local primary schools. If you would like to support this campaign by taking some flyers for family, friends, school or local shops and business, I would be extremely grateful for your time and effort. Please ask at the end of April.

## **CLUB GRADING**

Our next coloured belt grading is now confirmed for Friday 17<sup>th</sup> May 2019 at Stechford Club, Colebourne Primary School, Stechford Road, B34 6BJ with a start time of 6:15pm. The newly enrolled starter class will go ahead beforehand 5-5:45pm, with the dojang available immediately after this session. We now have an option for payment via Paypal as well as cash but please do not transfer the fee via online banking as this will cause confusion and additional admin. Full grading info will be issued to eligible students over the next two weeks.

As always, all under 18's will be asked to recite the interpretation of grading pattern before the application will be accepted so get your syllabus books out!

Courtesy

#### FRIDAY NIGHT FIGHT CLUB

Sshhh! Don't talk about Fight Club, just come along and join us for the best class available on our busy timetable, every Friday 7 – 8:30pm Lode Heath School, Lode Lane, Solihull, B91 2HW.
Bring casual dress, full TAGB sparring safety equipment, trainers, water, £4 and an adult.
Fitness, agility, sparring and fun - I guarantee you will enjoy this class or your money back!

#### **ENGLISH CHAMPS SUCCESS!**

Thank you and well done to all who supported the TAGB English National Championships at the University of Worcester on 24<sup>th</sup> March. Our competitors all gained something from their experience at this prestigious event, congratulations on your achievements, I am a very proud instructor:

Jayden – gold tag team Gints – gold sparring, gold tag team Rihards – gold patterns, gold sparring, gold tag team Eva – bronze sparring, gold tag team Mollie Daniel.

#### NEXT COMP

We have two students attending the TI European Championships in Croatia next month but the next domestic tournament on our annual circuit will be the TAGB Welsh National Championships in Cardiff on Sunday 19<sup>th</sup> May.

Full details will be available on the website 'Tournaments' page in due course. We will then be looking forward to the Lincolnshire champs which is a great 'starter' tournament and very much focused on the lower grades, younger students and less experienced competitors. I will be happy to look into hiring group transport if we get some strong interest for this.

#### SATURDAY BLACK BELT TRAINING

To all members who are serious about black belt and beyond, come along to our regular dedicated preparation sessions. These weekly classes are now well established and led by Sean Rodgers and Anthony Brennan. We cover advanced syllabus for 2<sup>nd</sup> kup, 1<sup>st</sup> kup and all dan grades, in perfecting performance for grading at TAGB HQ, Bristol Academy.

Every Saturday, 11am – 12pm

Chelmsley TAGB John Henry Newman Catholic College, Chelmsley Road B37 5GA

£5 per person paid on the door.

Courtesy

Integrity

Perseverance

Self Control

Indomitable Spirit

#### SAFEGUARDING AND CODE OF CONDUCT

We all use mobile phones more and more for everyday tasks, so I feel it necessary to explain some aspects of the safeguarding policy of the British Tae Kwon-Do Council.

Please understand that these procedures are in place to protect children and vulnerable adults and if the basic rules and codes of conduct are broken then we will have to assume the worst-case scenario just to maintain our very high standards.

The use of mobile phones, including any video and / or photography equipment is not permitted during any of our classes. There are people out there who will capture images of children for unscrupulous reasons so please support your child in class by watching their efforts and hard work; if you need to use your phone please step outside – if your phone is visibly in use in the dojang, please consider how it may look to others, our instructors are trained to spot the possible risks and may ask you to leave.

I believe I speak for all TAGB instructors in relaying that I appreciate your attention and cooperation in creating and propagating a consistent safe and happy environment in our clubs.

Also, ABTKD rules state that all children under 12 years old must be accompanied by an adult inside the dojang for the duration of the class so please be there for your child.

## **RETURNING TO FULL STANDARD WHITE UNIFORM**

I would like to return to a more disciplined appearance at all clubs with our members wearing a full standard white TAGB dobok. Everyone is welcome to wear club tee shirts and competition doboks during 2019 but I ask that as of January 2020 we revert to standard uniform only.

## Anthony Brennan 5<sup>th</sup> Dan Instructor

## 07951 539926 www.abtkd.co.uk

#### DATES / EVENTS / COURSES

Friday 12<sup>th</sup> – Sunday 14<sup>th</sup> April: Black belt grading, Bristol Saturday 4<sup>th</sup> May: TAGB umpires course part one and two, Oldbury Sunday 5<sup>th</sup> May: TAGB referees course part one and two, Oldbury Friday 10<sup>th</sup> – Sunday 12<sup>th</sup> May: TI European Championships, Croatia Friday 17<sup>th</sup> May: Coloured belt grading, Stechford TAGB, Colebourne Primary School Sunday 19<sup>th</sup> May: TAGB Welsh Championships Saturday 15<sup>th</sup> June: TAGB Lincolnshire Championships Saturday 22<sup>nd</sup> – Sunday 23<sup>rd</sup> June: TAGB assistant instructors / class assistant course Wednesday 3rd July: Yardley club @ KESH – site unavailable, training at Chelmsley TAGB Monday 8<sup>th</sup> July: Yardley club @ KESH – training in the drama rooms upstairs Wednesday 10<sup>th</sup> July: Yardley club @ KESH – training in the drama rooms upstairs Saturday 7<sup>th</sup> September: TAGB Scottish Championships Saturday 12th October: TAGB umpires course part one and two, Cardiff Sunday 13<sup>th</sup> October: TAGB referees course part one and two, Cardiff Courtesv Integrity Perseverance Self Control Indomitable Spirit