



TAGB North Wales Inter-Club Championships



Dear Instructor

You and your students are invited to attend the above Championships on **Sunday 2nd February 2020** in **Deeside Leisure Centre, North Wales, Chester Road West, Queensferry, Flintshire, CH5 1SA**. Junior competitors' 10:00 a.m. Adult competitors' 12 noon.

If you and any of your Black Belts could officiate on the day, it would be greatly appreciated. Please give numbers and names of officials with entries.

Competitor's tickets cost £12.00 (1 event), £15 all events. Spectators will cost £6.00. This year we have taken out musical patterns but have introduced a Team Pattern category in its place. Team Patterns will be a pay and enter on the day event.

We would like all entries and payment in by **Thursday 30th January** at the latest, to allow the draw to be organised in advance. It is important that entries are in by this date.

Please make sure you look at the divisions carefully to minimise mistakes on the day.

For further details contact Richie Saunders on 01513785256 or 07968737998.

Please send entries on a standard T.A.G.B. entry form or if you maintain your records on a PC and are able to send your entries in electronic format then this would be a big help. Ensure that each student completes a copy of the attached individual competition entry form and you retain this form until after the event.

We will endeavour to issue a competitors draw on the day showing your students name and event details. Individuals should check these details as soon as they arrive at the event and report any errors to the officials.

Send all entries to:

Wirral & Chester Taekwondo Academy
Unit 7 Grisedale Road
Bromborough
Wirral
CH62 3QA

E-mail entries to info@wirraltkd.co.uk and Jane@wirraltkd.co.uk

(Cheques payable to 'Taekwondo')

DOBOKS

Club Doboks and TAGB doboks can be worn.

SPARRING

Categories: All Sparring **POINT STOP**

Students will compete in one of the following belt categories:

White/Yellow/Green Belts
Blue Belts/Red Belts
Junior Black Belts
Adult Black Belts

Each round 1 1/2 Minutes Black belts only will consist of two rounds in the final.

Coloured Belt

Men (Three weight divisions)

Light weight	Up to and including 70kg.
Middleweight	Over 70kg up to and including 80kg.
Heavyweight	Over 80kg
Executive**	40 years old and above
	(All will compete in one weight division and this will be point stop.) ^[1] _{SEP}

Coloured Belt

Ladies (Three weight divisions)

Light weight	Up to and including 60kg.
Middleweight	Over 60kg up to and including 65kg.
Heavyweight	Over 65kg
Executive**	40 years old and above
	(All will compete in one weight division and this will be point stop.)

Juniors – Up to & including 16 years old (Five height divisions)

Tiny tots	Up to and including 4'
Peewee	Up to and including 4'6"
Light weight	Over 4'6" up to and including 5'
Middleweight	Over 5' up to and including 5'6"
Heavyweight	Over 5'6"

Adult Black Belts

Men (A single category – Point stop rules)

Executive** 40 years old and above

(All will compete in one weight division and this will be point stop.)

Ladies (A single category – Point stop rules)

Executive** 40 years old and above

(All will compete in one weight division and this will be point stop.)

PATTERNS

Categories:

Students will compete in one of the following belt categories:

White/Yellow Belts
Green Belts
Blue Belts
Red Belts

Executive Patterns

**White/Yellow/Green
Blue/Red**

Any pattern up to grade will be allowed for coloured belts

Black Belts Separate - Any Black belt pattern Allowed.

Executive Black Belt Patterns over 40's

Tiny Tots only (this year boys & girls will be separate)

Tiny Tots White/Yellow/Green Blue/Red

Team Patterns

This year we will add in team patterns, divisions are as follows:

Juniors coloured belts – white – yellow – green together any pattern

Juniors coloured belts Blue – Red – black belts together any pattern

Adults – same as above.

3 students per team.

DESTRUCTION – Black Belts only

Ladies hand – any technique (including elbow)
Ladies foot – any standing kick

Men's Hand – any technique not including elbow
Men's Foot – any standing kick

Speed Kicking

All juniors after they have finished their pattern division can compete in a Speed Kicking category. It will consist of 30 seconds of turning kicks at shoulder level and the foot must return to the floor after each kick. The student with the most kicks wins.

If the same score is reached then time increases by 15 seconds until you have a winner.

Inclusively Taekwondo

Once again we will be putting it in this year's championships. If you have any students wishing to enter this division can you send me a direct email.

Referees & Umpires.

If you have any black belts that can help out on the day this will be much appreciated.

Competition Website

This year's North Wales Taekwondo tournament will use the new Golden Dash website to manage entries (www.goldendash.com). Still under Mr David Brown.

You can use the following link to register for the North Wales tournament:

<https://www.goldendash.com/tournaments/entertournament/NW486>

You will need to sign up and use the following details when registering for the tournament:

Tournament Code: NW846

Access Code Number: 213306

Once Registered you can input your own clubs and students as they return forms to you.

Any problems or issues over using this please let me know via email or phone.